

Arleah Shechtman - Partner

Fifth Wave Leadership

Arleah Shechtman is a psychotherapist with 40 years of experience counseling individuals in committed relationships. Arleah's academic background includes an associate's degree in business mid-management, an undergraduate degree in Organizational Development and an M.S.W. with a clinical specialization. She also has her A.C.S.W., the professional credential required for independent practice.

Her continuing education has focused on work with adolescents, work with small groups, and work with people experiencing grief and loss. Arleah is a partner in Fifth Wave Leadership and currently serves as Executive Vice President and Director of Professional Development. Her work focuses on the personal and professional growth and development of key decision makers at the executive and senior management levels.

She has a broad range of experience with leaders of large corporate organizations, high-growth, mid-market enterprises, and small, fast-moving entrepreneurial businesses.

The emphasis of her work is on teaching people how to more effectively use change, uncertainty, and unpredictability to improve the quality of their lives, and to significantly raise the level of their professional performance. Her particular expertise is in helping individuals identify and remove self-imposed blockers to the achievement of their most important and valued life goals.